



To protect your health, always check fish consumption advisories before you enjoy your catch!



- Visit bit.ly/eatsafefish
- ☎ Call (919) 707-5900

Enjoy

Enjoy these fish from the Cape Fear River that are lower in mercury.



Bluegill 



Speckled Trout 



Shad 



Spot 

Have questions, or don't see your catch?
Check advisories!



Red Drum 



Shrimp 

STOP & CHECK

Some fish from the Cape Fear River may contain contaminants that can harm health. Check advisories first by scanning the QR code to choose safer fish.



Largemouth Bass



Catfish



Blue Crab



Striped Mullet



Striped Bass





People who are or may become pregnant, nursing people, and children under 15 should avoid eating catfish and largemouth bass from the Cape Fear River due to mercury concerns.



New Hanover
County Branch



early life exposures, later life consequences

