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## Happy Spring!

Our mentees and graduate mentors have returned from spring break. Nicki and I hope all of you were able to get some needed rest and enjoy some time outdoors.

As we move into the last couple weeks of March, please work to find time to meet with your mentee or mentorship group before the month's end. Graduate mentors, if your mentee has not been in contact or responsive about mentorship group meetings with your alumni group lead, please take the time to reach out. Alumni mentees, if your mentorship group has been unresponsive with setting up your next meeting, please let me or Nicki know and we will get in touch with your group members.

Unsure of what to base your mentorship meeting around? Check-in with your mentees about their summer plans or take a look at the planned programming for the rest of the semester.

### Checking In

How are your mentee and mentorship group meetings going? We would love to hear how the mentorship experience is progressing for all of you, and see if we can be of any further support. You can share your thoughts and experiences by emailing [meilin.chan@duke.edu](mailto:meilin.chan@duke.edu), or [filling out this anonymous survey](#).

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## Overview of Programming in March/April

Moving into March, we will only have a couple months left until the end of Duke's spring semester! Before then, we wanted to give you all an overview of CAIRNS programming.

This month, we will be hosting a dinner for the mentee group on the Grainger roof, and will guide them through a conversation around career directions. The goal is to help them transition from career explorations towards learning how to flesh out career and professional development plans. If you have tools, resources, or personal advice to share with your mentee or mentorship groups on this, we encourage you to do so during your next meeting!

### **April 7: Alumni Panel (tentative)**

[For Alumni Mentorship Group Leads](#) - we are hoping to have an alumni panel for our mentees with all the CAIRNS alumni mentors on Thursday, April 7 at 7pm EST. We will have the mentees gathered together on campus and will have a Zoom open for our alumni mentorship group leads to join. The goal of the panel would be to help mentees gain insight into any career development questions they have, hear your stories of professional development and exploration, as well as help connect mentees with all the alumni mentors. **If this date/time does not work for you, please email [meilin.chan@duke.edu](mailto:meilin.chan@duke.edu)**

### **April 21 Evening: Final CAIRNS Celebration (tentative)**

We are planning to host an in-person celebration for mentees, graduate student mentors, and any alumni that are interested in attending. As most of the CAIRNS mentorship programming has occurred virtually, we are hoping to create an opportunity for all CAIRNS participants to connect in-person. We will serve food and drinks!

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### **Gathering Summer Opportunities**

We are still gathering any summer or fall 2022 opportunities for our mentees. If you know of any or have opportunities opening in your own organizations for undergraduate students, you can send them to [meilin.chan@duke.edu](mailto:meilin.chan@duke.edu)!

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**Have a wonderful rest of your week!**

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