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# Happy (almost) March!

As we roll into the 3rd month of 2022, Nicki and I would like to re-express our wholehearted thanks for all of our mentors. The CAIRNS program would not be able to run without all of you - thank you for graciously volunteering your time to mentor our mentees this year!

## **Checking In**

How are your mentee and mentorship group meetings going? We would love to hear how the mentorship experience is progressing for all of you, and see if we can be of any further support. You can share your thoughts and experiences by emailing meilin.chan@duke.edu, or <u>filling out this anonymous survey</u>.

# **Overview of Programming in March/April**

Moving into March, we will only have a couple months left until the end of Duke's spring semester! Before then, we wanted to give you all an overview of CAIRNS programming.

## **March Mentee Meeting**

This month, we will be hosting a dinner for the mentee group on the Grainger roof, and will guide them through a conversation around career directions. The goal is to help them transition from career explorations towards learning how to flesh out career and professional development plans. If you have tools, resources, or personal advice to share with your mentee or mentorship groups on this, we encourage you to do so during your next meeting!

## **April 7: Alumni Panel (tentative)**

7pm EST. We will have the mentees gathered together on campus and will have a Zoom open for our alumni mentorship group leads to join. The goal of the panel would be to help mentees gain insight into any career development questions they have, hear your stories of professional development and exploration, as well as help connect mentees with all the alumni mentors. If this date/time does not work for you, please email meilin.chan@duke.edu

#### April 21 Evening: Final CAIRNS Celebration (tentative)

We are planning to host an in-person celebration for mentees, graduate student mentors, and any alumni that are interested in attending. As most of the CAIRNS mentorship programming has occurred virtually, we are hoping to create an opportunity for all CAIRNS participants to connect in-person. We will serve food and drinks!

#### **Gathering Summer Opportunities**

We are still gathering any summer or fall 2022 opportunities for our mentees. If you know of any or have opportunities opening in your own organizations for undergraduate students, you can send them to meilin.chan@duke.edu!

# Have a wonderful rest of your week!

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