

[View this email in your browser](#)



Happy Monday

In Memory of Martin Luther King Jr.

Every third Monday in January, we commemorate the life and work of Martin Luther King Jr. Dr. King was and continues to be an inspiration to many, and a reminder that there is much work to be done in our pursuit of equity and justice

Yesterday, Duke participated in honoring Dr. King's legacy through a commemoration ceremony. You can [watch a recording of this year's commemoration as well as a recording of 2021's commemoration here](#). To hear excerpts from when Dr. King spoke at Duke in 1964, [you can visit here](#). To learn more about Dr. King and for further educational materials, you can visit [The King Center](#).

Reconnecting with your Mentee or Mentorship Group

If you have not yet been able to reconnect with your mentee or mentorship group, we have encouraged the mentees to take initiative and initiate the conversation. [This month's mentee meeting will focus on effective communication in the workplace or academic environment](#). As a mentor or mentorship group leader, you can incorporate conversations or exercises during your scheduled mentee-mentor meetings to help your mentee(s) build their communication skills.

Have trouble communicating with your mentee or mentorship group? [This blog](#) has a quick guide on different things to keep in mind when building stronger communication with mentees. However, if you have run into a roadblock, please contact me (meilin.chan@duke.edu) and Nicki (nicolette.cagle@duke.edu)

In the mentee newsletter, we are compiling a list of summer opportunities in the environmental/sustainability field for undergraduate students. If you find one you think the mentees would be interested in or your organization has a summer opportunity open, feel free to send them to meilin.chan@duke.edu and they will be included in the mentee newsletter!

Please let us know if there are any other ways Nicki and I can best support you all as mentors. You can contact us directly via email (meilin.chan@duke.edu & nicolette.cagle@duke.edu) or anonymously [via this survey](#).

Have a wonderful rest of your week!

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

NSOE CAIRNS · 450 Research Drive · Durham, NC 27708-0001 · USA

Grow your business with  mailchimp