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# CAIRNS WEEKLY NEWSLETTER

## Happy Spring!

I hope you all had a wonderful and restful spring break, and were able to enjoy some spring weather before the recent drop in temperature!

### Reminder: Meeting with Mentors

Please remember to meet with your mentor and mentorship group before the end of March. If you have not yet heard from your graduate mentor or alumni mentorship group leader, I encourage you all to take the initiative to reach out. Having trouble getting in touch? Let me or Nicki know and we will communicate with your mentor or mentorship group leader.

Nicki and I would love to hear how your mentor pairings and mentorship groups are going - [you can leave us feedback here \(choice to be anonymous\)](#).

### SAVE THE DATE: March Meeting!

We have planned our March monthly meeting for Thursday, March 24 at 7pm EST on the Grainger Rooftop! We will be ordering dinner for everyone - [please fill out this dietary preferences survey before the end of this week](#). Our meeting will be structured around career directions and exploration. Keep a lookout for a calendar invite! If you are unable to make this meeting, please let me or Nicki know beforehand.

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### Schedule Moving Forward

**April 7: Alumni Panel**

any questions around navigating careers or transitioning from Duke into a working professional. This event will be open to any friends or classmates you would like to bring as well! We will be providing snacks and drinks (as Duke COVID restrictions allow).

### **April 21: CAIRNS Celebration!**

To close the spring semester on CAIRNS inaugural year, we will be hosting a celebration for mentees and mentors. This will be an opportunity for all mentees and mentors to meet together physically, as well as have some fun away from academics. We will have food and drinks for everyone!

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Questions? Feel free to reach out to [meilin.chan@duke.edu](mailto:meilin.chan@duke.edu).

*If you feel that something is not working with your mentor or mentorship group, please let me and Nicki know or fill out [this anonymous survey](#).*

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## **Informational Interviews**

An informational interview is a way for individuals to learn more about a potential career path through speaking with professionals working in that career field. They are a great way to explore various career options and get an honest look into what it's like to work in that field.

### **Some Tips**

Unsure of how to contact a professional that works in your field of interest? You can use the tips below or ask your mentor/mentorship group leader for guidance.

- **Getting in Contact**

- You may find individuals to speak with through direct channels: professors, mentors, family friends, etc.
- Sometimes there may not be any professional working in your field of interest within your direct circle, however, it's possible one of your professors or mentors know someone who works in that field
  - It doesn't hurt to ask around and express interest in a specific career - most people want to help students get a better sense of various career options and are happy to connect with you
- Some people have been able to find connections on LinkedIn - this does work sometimes, but it is best to connect with those that you may have a similarity with
  - Connecting through a mutual connection (be cognizant that sometimes an individual may not be comfortable connecting you this way)

- If you do reach out through a connection request on LinkedIn, make sure you include:
  - who you are (ie: "I'm an undergrad at Duke University studying/interested in \_\_\_\_\_")
  - Why you are reaching out to them (ie: "I'm interested in pursuing a career in/at \_\_\_\_\_ and would love the opportunity to hear about your experience working in \_\_\_\_\_")
  - Say thank you!
- You may never hear back from some people, and that's normal. Some people just don't like connecting outside of people they've personally met, and others just don't frequently check LinkedIn
- **Conducting the Interview**
  - Work to schedule a time with the individual. Specify the time frame you would like to speak for (try not to suggest a time frame over 30 minutes - many people often have packed schedules so don't feel insulted if they say they can only speak for a shorter amount of time)
    - Thank them for their time as you are scheduling the meeting with them
  - Do your research on them/the company or career you are interested in, and prepare a list of questions to ask ahead of time. This will help you get the most out of your short time speaking with the individual and show the individual you are cognizant of their time and are well-prepared.
    - Take notes as you speak with the individual. This is a great resource to go back to and shows the individual you value their input.
  - Try not to go over the set amount of time for the meeting - keep an eye on the clock as you are speaking
- **After Connecting**
  - Send a thank-you note via the platform you got in contact with the individual (ie: email, LinkedIn message, etc.)
    - Thank them for their time and their insight
  - Feel free to keep in touch with this individual if you are interested in learning more from them or just having them as a contact



## Summer Opportunities

### Consulting

[Sustainability Consulting Intern \(June 2022\) - Arup Careers](#)

## Conservation

[Scientists in Parks – Fellows \(esa.org\)](#) (Natural Resource Management)

[Marine Mammal Stranding Internship - Summer 2022 | Opportunities \(ultipro.com\)](#)

## Energy

[Duke Energy - Renewables Strategy and Policy Intern](#)

## Research

[Summer 2022 Internships @ RMI](#) (Multiple research opportunities focused in carbon and energy)

[Technical and Professional Internship Program – Education & Internship Opportunities \(ornl.gov\)](#)

[LLNL Atmospheric, Earth & Energy Undergraduate Summer Student Intern | SmartRecruiters](#)

[Environmental Intern at Terracon Consultants, Inc.](#)

## Corporate

[Sustainability Internship Opportunity Summer 2022 in Holly Springs, North Carolina | Careers at NC Holly Springs FDBU Office \(icims.com\)](#)

[ESG Intern | Berkshire Residential Investments \(ultipro.com\)](#)

[Environmental, Health, and Safety Internship - Careers at Apple](#)

[ESG Intern | Jacuzzi Group Worldwide | LinkedIn](#)

[Intern, Sustainability Activation job, Houston, Texas \(hpe.com\)](#) - Hewlett Packard

[Sustainability Analytics Intern job, Houston, Texas \(hpe.com\)](#) - Hewlett Packard

[Aramark Careers - Step Up to Leadership Summer Internship Program 2022 - Sustainability Associate \(Internship\) - Nike](#)

## Climate/Nature Organizations

[Interns - Elemental Excelerator](#)

[National Geographic Internships \(Multiple Position Openings\)](#)

[Defenders of Wildlife Careers \(jobvite.com\)](#) - Multiple Internship Openings

[Internships at the Climate Reality Project](#) - Multiple Positions

[Spring 2022 Conservation Intern in Bozeman, Montana | Careers at Bozeman, MT \(icims.com\)](#)

[Intern, Climate Change Adaptation - Conservation International](#)

*Have events or activities you would like to share with the cohort? Email them to [meilin.chan@duke.edu](mailto:meilin.chan@duke.edu)*

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## Duke University Reporting Resources

For a more detailed list of resources, you can go to this site.

- **Reporting within the Nicholas School** (this includes reporting any faculty, staff, or students)
  - [Submission Form](#)
- **Anonymous Reporting Platforms**
  - [DukeReach](#)
  - [Speak Up Reporting](#)
- **Office for Institutional Equity**
  - [Report Form](#)
  - [Process breakdown after report is filed](#)
- **To Discuss Options Moving Forward (Anonymous)**
  - [Undergraduate Ombudsperson](#)
    - John Blackshear
      - Email: [john.blackshear@duke.edu](mailto:john.blackshear@duke.edu)
      - Phone: +1-919-668-3853
  - [Counseling and Psychological Services](#)
    - Same-day Access: Monday-Friday (10am - 3pm)
      - Walk-in at 3rd floor of Student Wellness Center
      - Call-in at 919-660-1000
      - Be mindful: Intake paperwork can take 15-20 minutes; meeting will be a short assessment
  - [Duke Women's Center](#)
    - [Gender Violence Prevention and Intervention](#) - form to connect with a counselor

## Have a safe and relaxing Spring Break!

NICHOLAS SCHOOL  
of the ENVIRONMENT

# The CAIRNS Program

BLACK  
LIVES  
MATTER

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