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CAIRNS WEEKLY NEWSLETTER

Happy Monday!

We hope you all enjoyed the Sustainability Careers Panel! If you were unable to make the panel, you can access [a recording of the Zoom at this link](#). The panelists have shared their contact information (listed below) for any of you that are interested in speaking more with them.

Panelists

- **Eudora Miao** (Master of Forestry at Yale/Conservationist)
 - eudoramiao@gmail.com
- **Dharini Clare** (Senior Sustainability Analyst at Mattel Inc.)
 - dhariniamber.clare@gmail.com
- **Jamal Lewis** (Director of Policy Partnerships and Equitable Electrification for Rewiring America)
 - jamaljlewis@outlook.com

As you explore career interests and find yourself interested in speaking with professionals working in that field, conducting informational interviews is a great way to gain insight into working in your field of interest. You can find tips on conducting informational interviews as well as getting in contact with professionals further down in today's newsletter!

Meeting with Mentors

If you still have not met or have not yet scheduled to meet with your mentor and mentorship group for your monthly meeting, please ensure you do so by the end of this month. After hearing from our panelists, you may want to have a conversation about career exploration. Your mentors and mentorship group leaders may have friends or former classmates/colleagues that currently work in the field of your interest - conducting informational interviews with these individuals is a great way to get a better perspective of that career.

Nicki and I would love to hear how your mentor pairings and mentorship groups are going - [you can leave us feedback here \(choice to be anonymous\)](#).

Questions? Feel free to reach out to meilin.chan@duke.edu.

If you feel that something is not working with your mentor or mentorship group, please let me and Nicki know or fill out [this anonymous survey](#).

Informational Interviews

An informational interview is a way for individuals to learn more about a potential career path through speaking with professionals working in that career field. They are a great way to explore various career options and get an honest look into what it's like to work in that field.

Some Tips

Unsure of how to contact a professional that works in your field of interest? You can use the tips below or ask your mentor/mentorship group leader for guidance.

- **Getting in Contact**

- You may find individuals to speak with through direct channels: professors, mentors, family friends, etc.
- Sometimes there may not be any professional working in your field of interest within your direct circle, however, it's possible one of your professors or mentors know someone who works in that field
 - It doesn't hurt to ask around and express interest in a specific career - most people want to help students get a better sense of various career options and are happy to connect with you
- Some people have been able to find connections on LinkedIn - this does work sometimes, but it is best to connect with those that you may have a similarity with
 - Connecting through a mutual connection (be cognizant that sometimes an individual may not be comfortable connecting you this way)
 - Find alum from your high school or university that work in the field/company of your interest
 - If you do reach out through a connection request on LinkedIn, make sure you include:
 - who you are (ie: "I'm an undergrad at Duke University studying/interested in _____")
 - Why you are reaching out to them (ie: "I'm interested in pursuing a career in/at _____ and would love the opportunity to hear about your experience working in _____")
 - Say thank you!
 - You may never hear back from some people, and that's normal. Some people just don't like connecting outside of

- **Conducting the Interview**

- Work to schedule a time with the individual. Specify the time frame you would like to speak for (try not to suggest a time frame over 30 minutes - many people often have packed schedules so don't feel insulted if they say they can only speak for a shorter amount of time)
 - Thank them for their time as you are scheduling the meeting with them
- Do your research on them/the company or career you are interested in, and prepare a list of questions to ask ahead of time. This will help you get the most out of your short time speaking with the individual and show the individual you are cognizant of their time and are well-prepared.
 - Take notes as you speak with the individual. This is a great resource to go back to and shows the individual you value their input.
- Try not to go over the set amount of time for the meeting - keep an eye on the clock as you are speaking

- **After Connecting**

- Send a thank-you note via the platform you got in contact with the individual (ie: email, LinkedIn message, etc.)
 - Thank them for their time and their insight
- Feel free to keep in touch with this individual if you are interested in learning more from them or just having them as a contact



Summer Opportunities

Consulting

[Sustainability Consulting Intern \(June 2022\) - Arup Careers](#)

[Job Opportunities | WSP \(taleo.net\)](#)

Conservation

[Scientists in Parks – Fellows \(esa.org\)](#) (Natural Resource Management)

[Marine Mammal Stranding Internship - Summer 2022 | Opportunities \(ultipro.com\)](#)

Energy

[Duke Energy - Renewables Strategy and Policy Intern](#)

Research

[Summer 2022 Internships @ RMI](#) (Multiple research opportunities focused in carbon and energy)

[Technical and Professional Internship Program – Education & Internship Opportunities \(ornl.gov\)](#)

[LLNL Atmospheric, Earth & Energy Undergraduate Summer Student Intern | SmartRecruiters](#)

[Environmental Intern at Terracon Consultants, Inc.](#)

Corporate

[Sustainability Internship Opportunity Summer 2022 in Holly Springs, North Carolina | Careers at NC Holly Springs FDBU Office \(icims.com\)](#)

[ESG Intern | Berkshire Residential Investments \(ultipro.com\)](#)

[Environmental, Health, and Safety Internship - Careers at Apple](#)

[ESG Intern | Jacuzzi Group Worldwide | LinkedIn](#)

[Intern, Sustainability Activation job, Houston, Texas \(hpe.com\)](#) - Hewlett Packard

[Sustainability Analytics Intern job, Houston, Texas \(hpe.com\)](#) - Hewlett Packard

[Aramark Careers - Step Up to Leadership Summer Internship Program 2022 - Sustainability Associate \(Internship\) - Nike](#)

Climate/Nature Organizations

[Interns - Elemental Excelsior](#)

[National Geographic Internships \(Multiple Position Openings\)](#)

[Defenders of Wildlife Careers \(jobvite.com\)](#) - Multiple Internship Openings

[Internships at the Climate Reality Project](#) - Multiple Positions

[Resilient Waters Program Intern - The Nature Conservancy](#)

[Spring 2022 Conservation Intern in Bozeman, Montana | Careers at Bozeman, MT \(icims.com\)](#)

[Intern, Climate Change Adaptation - Conservation International](#)

Have events or activities you would like to share with the cohort? Email them to meilin.chan@duke.edu

Duke University Reporting Resources

[For a more detailed list of resources, you can go to this site.](#)

- **Reporting within the Nicholas School** (this includes reporting any faculty, staff, or students)
 - [Submission Form](#)
- **Anonymous Reporting Platforms**
 - [DukeReach](#)
 - [Speak Up Reporting](#)
- **Office for Institutional Equity**
 - [Report Form](#)
 - [Process breakdown after report is filed](#)
- **To Discuss Options Moving Forward (Anonymous)**
 - [Undergraduate Ombudsperson](#)
 - John Blackshear
 - Email: john.blackshear@duke.edu
 - Phone: +1-919-668-3853
 - [Counseling and Psychological Services](#)
 - Same-day Access: Monday-Friday (10am - 3pm)
 - Walk-in at 3rd floor of Student Wellness Center
 - Call-in at 919-660-1000
 - Be mindful: Intake paperwork can take 15-20 minutes; meeting will be a short assessment
 - [Duke Women's Center](#)
 - [Gender Violence Prevention and Intervention](#) - form to connect with a counselor

Have a wonderful rest of your week!



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